Sinclair instructor reports in from Afghanistan

“The day I got there, I was notified that my orders had been changed to Kabul.”

—Jennifer Kostic, Sinclair faculty member, Academic Staffing Coordinator

March 13, 2012

Sinclair Police Department to offer a 30-day verbal warning for disruptive nonstudents

“TalYana Flowers

The Sinclair Police Department is cracking down on the behavior of nonstudents who occupy and often create a disturbance in restricted areas.

Restricted areas that are no longer open to the public include classrooms and the basement of Building 9, where many students and nonstudents have been observed engaging in loud and disruptive behavior. Areas that are open to the public include: Building 10, The Bookstore, the Library and all eating areas. Since the Tartan Cantina, which served Mexican style food, was closed, Building 8 has been a restricted area as well.

Building 5, where its Student Leadership Association (SLA) meeting is held, and speakers are sometimes interrupted by loud music, yelling and offensive physical gestures.

For the most part, we want students to be on campus,” said Manager of SLA Chris Bridges. “But we want to make sure that students have a place to gather in a safe environment for their own safety and to ensure that they can study and listen to speakers without being sent to Student Judicial Affairs or in a criminal charges (disrupting a public meeting is a misdemeanor).

“Police enforce sign policy

A light in the library Legislation on Feb. 25 drew in over 50 attendees. The hearing was to prevent “Traditional Values Club leader Ethan Moore and his talk on ‘Scientific View of Homosexuality.’

“The process can greatly affect their safety in the area as well as the safety of others,” Kostic said. “It reminds me of what I think prison is,” as one of her best friends, a suitemate in a phone interview from Afghanistan. “We’re 9:19 p.m. here now,” Jennifer Kostic, Sinclair visiting faculty member, Academic Staffing Coordination asked.

“Tell me about your new orders,” Kostic asked. “I got there, was notified that my orders had been changed to Kabul,” she said. “I was not expecting that,” she said.

But she had her work there was more challenging, more rewarding and with her. She had the opportunity to help with a document that will be the foundation for how troops will be deployed into Afghanistan over the next several years, she said. “The job is entirely different. From what I heard from over there, the job was not as cut and dry. But because I’ve been in the military for a while, I know what the new job will be like,” she said.

Kostic noted that while the current state of affairs, this is probably the best she’s seen in the military. The policy is in place and we have to make people aware of it, she said.

Sinclair Chief of Police Charles Gilf. “We’re not trying to censor anyone,” said Gilf. “This policy does not control the content of speech, the only thing it controls is the time, place, and manner of that speech.”

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Sudoku Tips: Start by looking for numbers that occur frequently in the initial puzzle. For example, you have a very high frequency of 5, so look for 5 in the positions where there is no other number. Look for 3x3 blocks where there are no other numbers. Do the same for 5, 9, 7, etc.

The objective of the game is to fill all the blank squares in a 9x9 grid with numbers from 1 to 9, so that each number appears exactly once in each row, column, and 3x3 subgrid.

Some strategies for solving Sudoku puzzles:

1. **Look for singles**: Identify the numbers that must go in specific squares. For example, if a row, column, or 3x3 subgrid already contains all the numbers except for one, the remaining square must be the one number.

2. **Elimination**: Use the process of elimination to narrow down the possibilities for each square. For example, if a square can only be a 5 or a 9, you can eliminate those numbers from the other squares in the same row, column, and 3x3 subgrid.

3. **Pencil marks**: Mark all possible numbers in each square to help you narrow down the options.

4. **Hidden singles**: Look for squares where a number is the only candidate in a row, column, or 3x3 subgrid. For example, if a number appears only once in a row, it must go in that square.

5. **Naked singles**: Look for squares where a number is the only candidate in a row, column, or 3x3 subgrid. For example, if a number appears only once in a row, it must go in that square.

Remember, Sudoku is a game of logic and deduction, not guessing. Use these strategies to solve the puzzle and keep filling in the squares until you complete the game.
What makes her interesting?

Holly Schrader, a Physical Education student at Sinclair, said that in high school she wasn’t involved in sports and wasn’t very interested in working out. “When I got to college I started gaining weight since I was eating bad and I didn’t really care,” she said, and “I couldn’t take it any more.” Schrader then met a group of bodybuilders and started working out at a gym, leading to a significant change in the way she lived. “I realized this was the way everybody worked out, and I just became consistent with it and started changing my body,” she said. Schrader completed her first figure bodybuilding competition in 2007. “I had never been on stage with that many people looking at me in such a little outfit,” she said. “It didn’t matter what place I got, I was happy that I looked the way I did and the way I did and I was able to accomplish something like that.” Since then, Schrader has competed in four other competitions and won the collegian nationals. The preparation for each competition is intense. “You don’t cut 12 weeks before the competition for something like that,” said Schrader. “It’s a lot of dedication and a lot of work.” Schrader hit the gym twice a day, doing both weights and cardio exercise. She woke up every day to do a cardio workout and to cookie food she would eat for the day.

“The bootcamp allows you to network and expand your circle. It helps you start off with more confidence and share your job search on the right foot.”
— Lindsay Tate, career services specialist

She carried chicken, tuna, and fish in little containers and cut it into small meals a day. “I measure it, pack it up for the day and I had a friend cut me a piece of everything I would ever use, so I wasn’t eating cold food,” she said. “I’ve had people look at me like I’m a crazy person when I pull a piece of tilapia out of my purse and start eating it in a little baggie.”

“I’m just trying to redefine everything and make it balanced. I guess that’s a lot of stockpiling Girl Scout Cookies for a little after the competition.” Schrader then met a group of bodybuilders and started working at a gym, helping to coordinate the faculty hiring process from afar, and is even involved in the faculty hiring process. Next quarter, she will be holding interactive mock interviews and prepare drafts of resumes and cover letters. Tate said that she wants the participants to be prepared the bootcamp with a mindset filled with a plethora of helpful information.

It’s always great to receive this professional help during a job search because job searching has changed in the last few years. “Having somebody help you create an accurate skill section that is not vague and tailor your resume for the job you are interested in will be beneficial by having that resume on top of your network,” she said.

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To kick your mind into shape and try to get you hired for the job of your choice.

Career Services will offer a one-day intensive boot camp for Sinclair graduates who seek success in preparing for their job search. The bootcamp is free and will be held on Wednesday, March 28, from 9 a.m. until 4 p.m. All Sinclair graduates and possible graduates should register at apps.sinclair.edu. Parents will participate in interactive mock interviews and prepare drafts of resumes and cover letters. Tate said that they want the participants to be prepared for the bootcamp with a mindset filled with a plethora of helpful information. It’s always great to receive this professional help during a job search because job searching has changed in the last few years. “Having somebody help you create an accurate skill section that is not vague and tailor your resume for the job you are interested in will be beneficial by having that resume on top of your network,” she said.
Sinclair baseball returns from USA Kickoff Classic

Giustino Bovenzi
Sports Editor
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From March 2-4, Sinclair baseball competed in the USA Kickoff Classic in Mount Pleasant, Mich. The Tartan Pride took three of five games during the trip that head coach Steve Dintaman said was “a growing process.”

“Overall I think the trip was pretty positive,” Dintaman said. “You’re playing against some of the best teams in the country, some big time programs, [some] fully funded teams, and we competed well.”

The Tartan pride finished their spring after a rough start to begin the first of the trip 10-1. On Orange County, the win for the Pride after 6 innings of one run baseball, where he struck out 12 Chargers.

The second game wasn’t as positive for the Pride, for the game against the 20th ranked Iowa Central Community College Tritons 8-4. Game three produced a 6-0 deficit for the Pride in the first inning. The second game against Southeastern Community College proved to be the hard-fought for the Pride. The final score of the game was South eastern 12, Sinclair 3. The Pride found themselves down 6-0 after two innings of play.

“Were down 6-0 after two innings of play. We made too many mistakes early on, they took advantage of them,” Dintaman said.

The fifth and final game of the trip was against Lascarna na Community College, the 13th ranked team in the nation. The task was huge but the game went in Sinclair’s favor. The win was fueled by what Dintaman said was a thrilling 8th inning. Final score of the contest was Sinclair 4, Lascarossa 3. The biggest obstacle facing the Pride during the trip was dealing with a range of injuries to starting position play ers. Dintaman said took a complete team effort as all of the games were some close games making some key plays in crunch time.

“We had four of our starters go down,” Dintaman said. “We had pitchers running bases and we were subbing guys in and out. But secondly a way to win some nice bunts and some nice execution.”

Sinclair finished the season with a record of 6-2. For the team and Dintaman said to get back to winning.

“We knew what we’re capable of doing again, play ing against some of the top teams and competing very well and winning some of the games,” Dintaman said. “We need to get healthy now and stay focused.”

Dintaman hopes to get his injured players back before conference play begins, giving them their best chance at repeating. The fourth straight time as Ohio Community College Athletic Conference champions.

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Gavin Schumann graduated from Roger Ru- core High School in Cincinnati, where he played basketball for four years. He said his primary role on the team was to be the defensive stopper. His main objective was to kick down the opposing teams’ scoring threat.

But in his first season under Sinclair coach Jeff Price, Schumann said he has a pass ability to score the ball, an ability he has developed over the game this season.

“A few key things that have gone well,” Schumann said.

Schumann played in every game this season for the Tartan Pride as the starting shooting guard. He scored in double figures in all three games.

“Once the most exciting attribute of his game is his ability to get the in and deliver some moments changing shots,” Dintaman said.

“On the 4 and 2, that’s really where he excels and that’s the area he’s improved on a lot,” Price said.

Schumann said he was pre/t_t_y positive,” Dintaman said during the trip. The Tartan Pride’s season concluded on March 6 in a loss against Lackawanna College.

The loss came in the first round of the NJCAA District 12 tournament. The final score of the game was Lackawanna 95-78.

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Gavin Schumann showing his tremendous ability setting up.

Schumann, who also averaged 6.6 rebounds and 3.2 assists per contest. Dintaman said he plans on returning for his sophomore season at Sinclair but his basketball mentor Marcus Smith is always looking for bet ter opportunities.

Now that the season is complete, Schumann said he is going to focus his attention on training specifically strengthen ing.

“To get to the next level I’ve got to get stronger and probably get my handles a little better,” Schumann said.

The Tartan Pride’s season concluded on March 6 in a loss against Lackawanna Community College and finished the season 18-13. The loss came in the first round of the NJCAA District 12 tournament. The final score of the game was Lackawanna 95-78.
**Editor**

Taya Flowers

Graphic Designer
Jonathan Hammond

**Letter to the Editor**

Letters to the editor may be submitted for publication in The Clarion, winter 2007, 50 N. Main St., Room 100, or email editor@sinclair.edu. All submissions are subject to editing and publication is contingent upon availability of space. No anonymous submissions will be accepted. Letters to the editor must be submitted with the author’s name and phone number.

No author’s name will be submitted with articles or columns unless specifically requested by the author.

May contain nudity, obscenity, obscenity in the form of expletives, or otherwise in violation of the First Amendment. The Clarion reserves the right to reject any letter, article, or photo if it reasonably believes that doing so is necessary to preserve the Clarion’s mission.

Letters may be edited or abridged to fit space limitations; it is the policy of the Clarion to edit letters for grammar and punctuation. *The Clarion* is not responsible for the viewpoints of students published herein. All opinions, wrinkles, and general idiocies expressed in this publication are those of the author and do not necessarily reflect the views of the Clarion or the Student Press.

**Letter to the editor**

**Contraception controversy violates religious freedom**

By Thomas F. Schaller

March 6 in a loss against Lakeland Community and probably get my handles a little better,” sophomore season at Sinclair, but his basketball Sinclair where he also averaged 4.6 rebounds “To get to the next level I’ve got to get stronger.”

Now that the season is complete, Schumann said he plans on returning for his sophomore season at Sinclair where he also averaged 4.6 rebounds throughout the process. “I’ve got to get stronger.”

I don’t care how good you are, you’ve got to get stronger to play college basketball.”

**Letter to the editor**

**Limbaugh apology: He did it for the money**

Rush Limbaugh apologized. Those three words are big news because apologizing isn’t Mr. Limbaugh’s thing. The nation’s top conservative radio host has been known for today by making controversy instead of apologizing for them. Still, political correctness isn’t what Mr. Limbaugh is after these days. Rush Limbaugh’s recent ban from CNN, the_Detail on a medical condition, like an illness or a disease, that some religions abolish

It’s possible that Mr. Limbaugh, if he’s a bit more careful and considerate in the future, may find a new niche for himself in the religious community. He could become a spokesperson for religious freedom or a advocate for religious tolerance. His apologies could be a way for him to make amends for his past actions and to start afresh in the religious world. But the long-term success of such an endeavor depends on how sincere and genuine his apologies are.

**Letter to the editor**

**Contraceptives controversy violates religious freedom**

By Thomas F. Schaller

I am writing this response to your published article about contraception and religious freedom. I believe your article is poorly written and misleading. In my view, contraception is a necessary and morally acceptable means of birth control. I encourage all people of faith to embrace contraception and to support policies that promote access to contraception for all individuals.

I believe that the government has a responsibility to provide access to contraception for all individuals, regardless of their religious beliefs. In my view, contraception is a necessary and morally acceptable means of birth control. I encourage all people of faith to embrace contraception and to support policies that promote access to contraception for all individuals.

I am a member of the clergy and I am writing this letter to you because I believe that your article is poorly written and misleading. In my view, contraception is a necessary and morally acceptable means of birth control. I encourage all people of faith to embrace contraception and to support policies that promote access to contraception for all individuals.

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Some of Dayton's birds will soon be living in many birdhouses. Although birdhouse building has been a staple of the 3D design class for several years, this is the first year that will emphasize using recycled materials. "I had a wild idea in my head about how to engage students," says Schilling. "I came up with the idea of a concept that uses only one kind of material, and that is recycled. I wanted it to be something that was both eco-friendly and had a modern twist." The class's 21 students each designed their own birdhouses, and had to first create small models and then their plans by the woodshop to ensure that they could produce what they had designed. Students usually consider making birdhouses a fun project, according to Schilling. "Forcing them to go outside and use some power tools and circular saw, hopefully, that remains and sticks in their mind," says Schilling. "Hopefully this is an experience that gets catalogued and they can pull from it someday."

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