

# UMatter at UMass

What's Up Listen Up Show Up Stand Up Follow Up

## Bullying, Harassment and Violence

Most campus violence comes from within the campus community. An estimated 70 percent of violent acts on campus are perpetrated by the victims' fellow students. On-campus violence can take many forms, including rape and sexual assault, fights, muggings, bullying, hazing, harassment, and hate crimes.

Violence can take many forms including:

- **Bullying**
- **Stalking**
- **Harassment**
- **Hazing**

**Bullying** is unwanted, aggressive behavior that involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, over time. Bullying includes things like internet trolling or flaming, name-calling, threats, spreading rumors or threatening to release private information/photos, attacking someone physically or verbally, and purposefully excluding someone from a group.

**Stalking** is repeated harassing or threatening behavior that continues after a person has been told to stop. Stalking behaviors can include following a person, damaging personal property, repeated phone calls or texts.

**Harassment** is unwelcome conduct based on a protected class (race, national origin, color, sex, age, disability, religion) that is severe, pervasive, or persistent and creates a hostile environment. Although bullying and harassment sometimes overlap, not all bullying is harassment and not all harassment is bullying. For more information about sexual harassment, see [Sexual Misconduct](#).

**Hazing** is any intentionally created action or situation that causes embarrassment, harassment or ridicule and/or risks emotional and/or physical harm to members of a

group or team for the purpose of initiation or admission into, affiliation with, or as a condition for continued membership in an organization. Hazing can happen to new or existing group members. It can involve willful destruction or tampering with public or private property; the forced compromise of moral or religious values; forced consumption of any liquid or solid; placing someone at risk (e.g. abandoning someone and making them find their way); or impairment of physical liberties (such as curfews); or other interference with academic endeavors. Hazing is a crime under Massachusetts law. A person cannot give their consent to be hazed.

**Listen Up** Recognize

**Show Up** Engage

**Stand Up** Take Action

**Follow Up** Refer & Report

 [Printer-friendly version](#)

## What's Up With...

- Alcohol and other Drugs
- Acts of Bias and Hate
- Bullying, Harassment and Violence
- Sexual Misconduct
- Depression and Suicide

**Be an Active Bystander**

**Practice the 3Ds**

## Campus Resources

### Downloadable Tools

#### Violence Toward You is Never Okay!

Violence is entirely the choice and responsibility of the person engaging in the behavior. It is always within a person's control not to be violent. Threats to hurt you are danger signs that should be taken as seriously as physical violence. A person who has hurt or threatened you is likely to do so again.

Be especially careful of anyone who hurts or injures animals; this is often an indication of a person's capacity for violence.

#### Dean of Students Office

227 Whitmore  
Administration Building  
413-545-2684

**All Emergencies: 911**

#### UMass Amherst Police Department

413-545-2121

#### UMass Amherst Police Rape Reporting Line

413-545-2677

#### Center for Counseling and Psychological Health

413-545-2337

**(24-hour crisis)**

#### University Health Services

413-577-5000

**(24-hour medical advice)**

**Center for Women and Community**

413-545-0883

**Sexual Assault Support & Advocacy (SASA) Hotline**

413-545-0800

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